

# Project Adventure



*In Project Adventure you will be invited to learn by participating in cooperative warm-ups, non-traditional group games, trust activities, initiative problems and low and high challenge rope course events.*

*This program helps to enhance students' problem-solving abilities through cooperation, determination and self-assurance. Discover the power of group cooperation, and learn to view obstacles as opportunities for growth. This course is an entry-level workshop designed to enhance personal growth for physical educators and classroom teachers.*

**Please note that this course may involve various strenuous physical activities.**

## Inservice

*Instructor: Staff*

*Days: Saturdays and Sundays*

*Dates: May 8, 9, 15, & 16, 2010*

*Time: 8:30 a.m. - 4:00 p.m.*

*Location: Sachem North-Room # D119*

*Credits: 3 Inservice*

*Grade Level: K-12*

*Course #: S10-020*

